

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HOUSEHOLDER JOSEPH A</u> (Last) (First) (Middle) <u>101 ASH STREET</u> (Street) <u>SAN DIEGO CA 92101</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>SEMPRA ENERGY [SRE]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>Senior VP & Controller</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>05/12/2006</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Phantom Shares ⁽¹⁾	⁽²⁾	05/12/2006		A		8		⁽³⁾	⁽⁴⁾	Common Stock	8	\$44.36	1,805	D	

Explanation of Responses:

- Phantom shares of Sempra Energy Common Stock acquired under Sempra Energy multi-fund deferred compensation and excess savings plans. Total includes any additional shares accrued as dividend equivalents since the date of the last report of phantom share acquisitions. Plan payouts are in cash and limited intra-plan transfers are permitted based on the then market value of the shares of Sempra Energy Common Stock to which the phantom shares relate.
- Conversion of Derivative Security is 1 for 1.
- Date Exercisable is Immediate.
- Expiration date is Not Applicable.

Remarks:

JOSEPH A. HOUSEHOLDER By: G. Joyce Rowland, Senior VP of Sempra Energy and Attorney-In-Fact 05/15/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

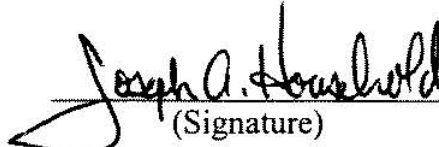
The undersigned appoints each individual who at the time of acting pursuant to this attorney is the Chief Executive Officer, the President, an Executive Vice President or a Senior President of Sempra Energy as the undersigned's attorney-in-fact to:

- (1) Execute for and on behalf of the undersigned any and all statements of the undersigned as a director or officer of Sempra Energy pursuant to Section 16(a) of the Securities Exchange Act of 1934 and the rules and regulations thereunder of the Securities and Exchange Commission.
- (2) Perform any and all acts for and on behalf of the undersigned as may be deemed necessary or desirable to prepare, execute, file, and submit such statements or reports with the Securities and Exchange Commission or any stock exchange or similar authority; and
- (3) Take any and all other action of any type whatsoever in connection with the foregoing which, in the opinion of the attorney-in-fact so acting, is in the best interest of, or legally required by the undersigned.

The undersigned grants to each such attorney-in-fact full power and authority to do any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of the rights and powers granted in this power of attorney, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation. The undersigned ratifies and confirms all that such attorney-in-fact, or such attorney-in-fact's substitute or successor, may lawfully do or cause to be done by virtue of this power of attorney and the rights and powers granted herein.

The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming nor does Sempra Energy assume any of the legal responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This power of attorney shall remain in full force and effect until the undersigned is obligated to file statements or reports under Section 16 of the Exchange Act with respect to the undersigned's holdings of or transactions in securities issued by Sempra Energy, unless earlier terminated by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.


(Signature)

Joseph A. Household
(Print Name)

Dated: May 1, 2006

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